

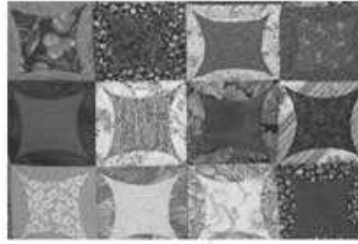
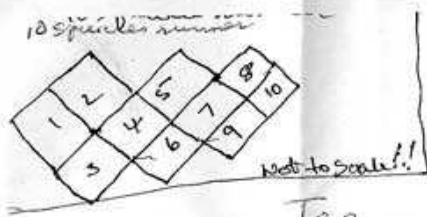
Japanese Folded Patchwork

SIMPLE QUILT AS YOU GO SASHIKO THREAD EMBROIDERY

MATERIALS PER SQUARE 5" PRINT, 5" IRONON PELHAM, 8" BACKING

- PREPARE BLOCK by ironing Pelham to back of print. Use Glade Bake over Pelham and print when pressing. Make sure the materials have fused.
 - MAKE 3 TEMPLATES from cardboard: 8" circle, $7\frac{1}{4}$ " circle, 5" square. Use reasonably thick cardboard.
 - Using 8" circle template and 2B pencil trace around circle and cut out OR using rotary cutter and holding template firm cut material circle.
 - Either Machine with longest stitch or hand tack around 8" circle. Place $7\frac{1}{4}$ " template in centre and draw up threads to tighten around template. Tie off. Press with iron to give good circle edge. Remove $7\frac{1}{4}$ " template.
 - Now place 5" sq template on inside of $7\frac{1}{4}$ " material circle  so that sq almost reaches edge of circle. Hold in position whilst steam pressing ellipse over cardboard which will give the four square sides. Remove  cardboard and replace with the 5" print/pelham square.
 - Smooth each ellipse over so that points meet evenly at corners. Pin in place.
 - Using Size 1 straw needle thread Sashiko cotton and tie small knot at end. Commence approx $\frac{3}{4}$ " from one corner by placing knot under flap with $\frac{1}{4}$ " stitch, then bring needle up through flap $\frac{1}{16}$ " from edge. Do a couple of small running stitches  through flap, print material (3 thicknesses due to fold) $\frac{1}{16}$ " from fold edge to point, then take needle through  up both folds coming out $\frac{1}{16}$ " edge into next ellipse and continue till you have done all four folds. At corners draw thread sufficiently tightly to have corners meet neatly and retain squareness. When you reach the beginning point run needle under flap backwards to finish off.
 - PLACING SQUARES TOGETHER To make your project lay squares down on surface and arrange in a pleasing order. Number each sq. Pick nos 1 & 2 up and on back using strong thread ladder stitch, making sure top & bottom line up and creased lines draw together neatly. Continue along row.  When all rows are complete, then stitch along  each row to join matching up each square as you go.
 - There are many things you can make. Using 5" squares being joined together the possibilities are numerous.
- YOU DON'T EVEN NEED TO HAVE A SEWING MACHINE!!

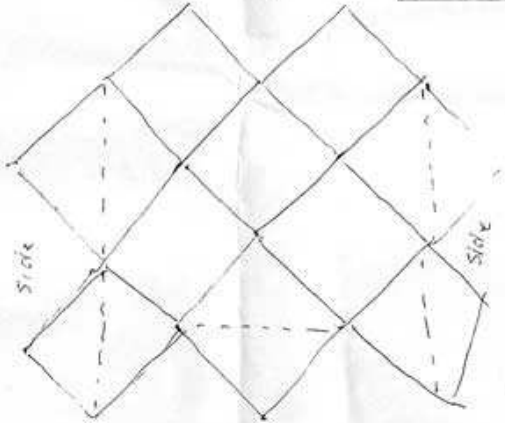
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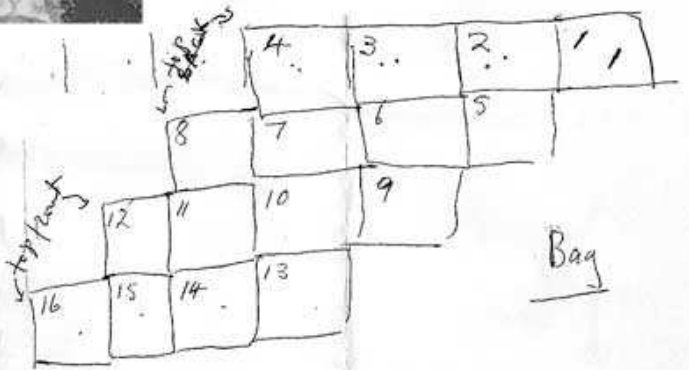
Country Carry Bag

Very effective when made with indigo circles and Japanese fabric squares with sashiko stitching

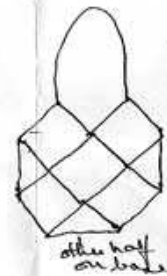
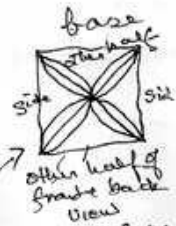
or you can use multi colours like the photo at left



bottom



2 3/4" cut handles 22"-24"
 1/4" seams
 Place stiffening inside if desired



Cut approx 6 3/4" heavy cord